

Abbot Fletcher Sailing School

2016 class schedule

Beginner

students will learn the basics of sailing, in the classroom and on the water: sailing vocabulary, basic sail trim, points of sail, sailing away from the dock and returning, holding a steady course, coming about, falling off, heading up and jibing and tying basic knots. Instructors are aboard each Hunter sailboat to guide the students. As the students gain confidence, Optimists (Optis) are introduced to prepare students for advancement to the Intermediate afternoon class.

Intermediate

students pick up where the Beginner class leaves off. Goals are to help student sailors achieve the skill level and self-confidence necessary to sail independently. Emphasis is on safety by adapting skills learned in Beginner class to the higher afternoon winds, and developing sailing judgment with a greater awareness of one's surroundings while on the water. Optimist and 420 sailboats are used.

SESSION	DATES	TIME	NON-OBYC MEMBER
Beginner			
Beg 1-week option*	7/4 - 7/8 or 7/11 - 7/15	9:00 - Noon	\$220.00
Beg 2-week option	7/4 - 7/15	9:00 - Noon	\$355.00
Beg 1-week option*	7/18 - 7/22 or 7/25 - 7/29	9:00 - Noon	\$220.00
Beg 2-week option	7/18 - 7/29	9:00 - Noon	\$355.00
Beg 1-week option*	8/1 - 8/5 or 8/8 - 8/12	9:00 - Noon	\$220.00
Beg 2-week option	8/1 - 8/12	9:00 - Noon	\$355.00
Intermediate*			
Int 1-week option*	7/4 - 7/8 or 7/11 - 7/15	1:00 - 4:00 p.m.	\$220.00
Int 2-week option	7/4 - 7/15	1:00 - 4:00 p.m.	\$355.00
Int 1-week option*	7/18 - 7/22 or 7/25 - 7/29	1:00 - 4:00 p.m.	\$220.00
Int 2-week option	7/18 - 7/29	1:00 - 4:00 p.m.	\$355.00
Int 1-week option*	8/1 - 8/5 or 8/8 - 8/12	1:00 - 4:00 p.m.	\$220.00
Int 2-week option	8/1 - 8/12	1:00 - 4:00 p.m.	\$355.00

NOTE: *We encourage students to enroll for a 2-week class. However, a 1-week option is available as follows: A student with **no prior sailing experience** may register for the **first** week of a 2-week session. A student who **previously attended a 1-week AFSS Beginner class** may register for the **second** week of a 2-week session.

Registration on first come, first served basis. There are only **8** openings in each class so please apply early if interested. All applicants must pay an annual Jr. Membership Fee of **\$30.00**.

What to bring: Coast Guard-approved PFD with whistle, sunscreen, sunglasses, change of clothes, and snack. There's a mandatory swim test the first day of class, bring a swimsuit!

FMI: contact **Ned Kitchel** at 207-318-6513 or afss@obyc.org or **Gina Perow**, Harpswell Recreation Director, at 207-833-5771 or recreation@town.harpswell.me.us.

-----PLEASE DETACH HERE-----

The Abbot Fletcher Sailing School 2016

For office use only:
_____ #R4185

Please complete one registration form per child. Please print clearly. Thank you.

Name (Nickname) _____ Age _____ DOB _____ Gender _____

Parent/Guardian _____

Winter Address _____

Zip _____ Phone _____

Summer Address _____

Zip _____ Phone _____

Prev. Sailing Exper. _____

Two-Week Option: (choose one) _____ Beginner (2-week) _____ Intermediate (2-week)

Session dates _____

One-Week Option: _____ Beginner (9a – 12p) Session dates _____

_____ Intermediate (1 – 4p) Session dates _____

E-mail _____

Emergency Contact _____ Phone # _____

PLEASE SEE OTHER SIDE FOR LIABILITY STATEMENT AND PARENTAL SIGNATURE



Participant Release/Assumption of Risk Agreement/Agreement to Indemnify & Hold Harmless

Each person signing below understands that participation in the Town of Harpswell (“Town”) program, activity and/or special event can involve the risk of damage and injury, including serious injury, to both people and property. Each person signing below understands and agrees that the Town, its agents, officers and employees, accept no responsibility, and will not be liable, for any injury, harm or damage to his/her person or property (including, but not limited to, injury, harm or damage caused by negligence of the Town, its agents, officers or employees) occurring during or arising out of participation in any Town program, activity and/or special event. To the fullest extent permitted by law, each person signing below agrees to assume all risk of injury, harm or damage to his/her person or property arising during or in connection with said Town program, activity and/or special event. Each person signing below hereby releases and agrees to indemnify and hold harmless the Town and Abbot Fletcher Sailing School, its agents, officers and employees, from any and all liability, actions, damages and claims of any kind and nature whatsoever for any injury, harm or damage to his/her person or property (including, but not limited to, injury, harm or damage caused by negligence of the Town, its agents, officers or employees) that may arise or occur during or in connection with said program, activity and/or special event. ***Photos & videos taken may be used for local publicity, website & Facebook***

Signature _____ (parent or guardian)